Urgent Endoscopic Retrograde Cholangiopancreatography (ERCP) vs. Conventional Approach in Acute Biliary Pancreatitis Without Cholangitis: An Updated Systematic Review and Meta-Analysis

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Abstract

Gallstone disease is the common cause of acute pancreatitis. The role of early-endoscopic retrograde cholangiopancreatography (ERCP) in biliary pancreatitis without cholangitis is still well-established. Thus, this study aimed to compare the outcome of early ERCP with conservative management in patients with acute biliary pancreatitis without acute cholangitis. An online search of Pubmed, PubMed Central, Embase, Scopus, and Clinicaltrials.gov databases was performed for relevant studies published till December 15, 2020. Statistical analysis was performed using RevMan v 5.4 (The Nordic Cochrane Centre, Cochrane Collaboration, Copenhagen). Odds ratio (OR) with 95% confidence interval was used for outcome estimation. Among 2768 studies from the database search, we included four studies in the final analysis. Pooling of data showed no significant reduction in mortality (OR 0.35, 95% CI 0.05 to 2.09; p=0.80); overall complications (OR 0.56, 95% CI 0.10 to 1.00; p=0.36); new-onset organ failure (OR 1.56, 95% CI 1.49 to 1.34; p=0.30); pancreatic necrosis (OR 0.60, 95% CI 0.61 to 1.32; p=0.30); pancreatic pseudo-cyst (OR 0.44, 95% CI 0.16 to 1.26; p=0.22); ICU admission (OR 1.64, 95% CI 0.97 to 2.77; p=0.08); and pneumonia development (OR 0.40, 95% CI 0.4 to 1.61; p=0.50) by urgent ERCP compared to conventional approach for acute biliary pancreatitis without cholangitis. Henceforth, early ERCP in acute biliary pancreatitis without cholangitis did not reduce mortality, complications, and other adverse outcomes compared to the conservative treatment.

Introduction And Background

Acute pancreatitis (AP) is the most common pancreatic disease worldwide and one of the most common gastrointestinal causes of hospital admission. [1,2] The most common cause of AP is gallstones [3]. Impacted gallbladder stones and biliary sludge can cause reflux of pancreatic enzymes into the pancreas or cause transient obstruction of the ampulla, leading to inflammation of the pancreas [4,5]. Possible complications of AP include infection, pseudocyst, cholangitis, organ failure, etc. [6-8].

Conservative management for AP includes fluid replacement, pain control, input/output monitoring, nutritional support via the enteral or parenteral route, and antibiotics in selected cases. Endoscopic retrograde cholangiopancreatography (ERCP) is a therapeutic modality in several hepatobiliary diseases, including patients with biliary AP. Several observational studies and clinical trials have been performed comparing conservative management with ERCP in patients with biliary AP [3-7,9-12]. Furthermore, seven studies have been conducted focusing only on patients with biliary AP without concomitant cholangitis. A meta-analysis conducted in 2018 found that early ERCP did not cause a significant reduction in the risk of overall complications and mortality in cases of AP without cholangitis [9]. More studies have been published since, with conflicting results [10-12]. The American Gastroenterological Association Institute Technical Review in 2018 recommended ERCP to be performed between 24-48 hours after the diagnosis of acute biliary pancreatitis but did not specify the timing of ERCP in patients with acute pancreatitis without concomitant cholangitis. A recent study recommends further studies on this topic [11].

While there is a universal agreement regarding an early ERCP within 24 hours in biliary AP complicated by cholangitis, the utility of an early ERCP in AP without cholangitis remains unclear. This study thus aims to compare the outcome of early ERCP with conservative management in patients with acute-biliary pancreatitis without acute cholangitis.

Review

Objectives

This study aims to determine the usefulness of early ERCP in the management of acute biliary pancreatitis without concomitant cholangitis by comparing the outcomes reported in previous studies such as mortality, local and systemic complications, and hospital stay between patients undergoing early ERCP (within 72 hours) to patients who were managed conservatively.

Methodology

This study was conducted using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines [13]. In addition, the study protocol was registered in the international prospective registry of systematic reviews (PROSPERO) (ID: CRD42021226022) [14].

Criteria for considering studies for this review

Types of Studies

In the initial review, we included all case studies (with five or more cases), cross-sectional studies, case-control studies, cohort studies, and clinical trials focusing on patients with acute biliary pancreatitis without concomitant cholangitis. We also included clinical trials in which the sequence for cholangitis was given separately.

Types of Participants

Patients with acute-biliary pancreatitis without cholangitis who were managed with either early ERCP (within 72 hours of presentation) or conservatively (e.g., no ERCP) were included in the study.

Types of Interventions

Patients diagnosed with acute-biliary pancreatitis who underwent ERCP within 72 hours of presentation were included in the intervention group. Those who were managed conservatively were included in the control group.

Types of Outcome Measures

Mortality, local complications (e.g., infection, pseudocyst, cholangitis), organ failure, etc., systemic complications (e.g., new-onset organ failure), overall complications, etc.

Keywords: Acute pancreatitis, retrograde cholangiopancreatography.
Patient characteristics on admission were analyzed, including demographics, clinical status, the severity of pancreatitis, laboratory parameters, including serum bilirubin, serum aminotransferases, and alkaline phosphatase. Mortality, local and systemic complications were also compared.

Outcomes

In-hospital mortality was the primary outcome of the study. Rates of local and systemic complications, including new-onset organ failure, pneumonia, pancreatic necrosis and pseudocyst, and ICU admission, were secondary outcomes of interest.

Search methods for identification of studies

An online search of PubMed, PubMed Central, Embase, Scopus, and Clinicaltrials.gov databases was performed for studies published till December 15, 2020. Two reviewers independently performed searches which were then combined. MeSH headings included “Cholangiopancreatography, Endoscopic Retrograde”, “Pancreatitis”, “Pancreatitis, Acute Necrotizing”, and “Cholangitis”. Next, the title/abstract review followed by the full-text review was performed independently by two reviewers using the Covidence service. A third reviewer resolved conflicts in both steps. Finally, data extraction and review of bias were performed following a full-text review.

Electronic searches

The detailed search strategy has been attached in Appendix 1.

Data collection and analysis

RevMan 5.4 software (The Nordic Cochrane Centre, Cochrane Collaboration, Copenhagen) was used to analyze the data extracted from the selected studies. First, the heterogeneity among the studies was determined using the $I^2$ test. Then, a random/effects model was used based on heterogeneity to pool the various studies appropriately.

Selection of studies

The qualitative analysis included all studies where the patient either underwent early ERCP or was managed conservatively. Quantitative analysis included studies with intervention (early ERCP) and control groups. Case studies with less than five cases, editorials, opinions, letters to the editor, animal studies, studies published in other languages with no English translation were excluded.

Data extraction and management

The quality of the included studies was assessed vigorously.

Assessment of risk of bias in included studies

Cochrane risk of bias (ROB) was used for the assessment of bias in trials (Figure 3) [17].

Assessment of heterogeneity

The $I^2$ test was used to assess heterogeneity using the Cochrane Handbook for Systematic Reviews of Interventions [18].

Assessment of reporting biases

Reporting bias was checked by prefixed reporting of the outcome.

Data synthesis

Statistical analysis was performed using RevMan v 5.4. Odds Ratio (OR) with a 95% confidence interval was used for outcome estimation. In addition, a random/effects model was used to pool data due as appropriate based on heterogeneity.
Sensitivity analysis

Sensitivity analysis was performed by analyzing the results of randomized controlled trials (RCTs) alone, excluding retrospective studies.

Results

We identified 2700 studies after thorough database searching and removed 98 duplicates. Title and abstracts of 2602 studies were screened. We excluded 2446 studies after the title and abstract review did not meet our inclusion criteria, and assessed the full text of 149 studies. A total of 145 studies were excluded for definite reasons (Figure 2). We included four studies in the final qualitative analysis (Table 1) and quantitative analysis. Basic study details are attached in Appendix 2.

![PRISMA Flow diagram](image)

Study ID | Particulars | Intervention group | Comparator group |
---|---|---|---|
Scheepers Ng et al. [10] | Year | 2020 | |
<p>| Study design | RCT | |
| Total participants | 230 | |
| Description | Early ERCP with sphincterotomy within 72 hours after symptom onset and 24 hours of hospital admission irrespective of presence of CBD stones; no antibiotic prophylaxis | IV fluids, analgesia, enteral nutrition, treatment of endocrine and exocrine pancreatic insufficiency, and gastric tube as necessary; no antibiotic prophylaxis |
| Population characteristics | | |
| Participants | 117 | 113 |
| Male (n/total) | 66/117 | 60/113 |
| Mean age (± SD) (years) | 69±13 | 71±12 |
| Cholestasis at admission, n (%) | 63 (54%) | 67 (59%) |
| APACHE-II at admission, median (IQR) | 11 (9–15) | 10 (8–13) |
| C-reactive protein, median (IQR) (mg/L) | 60 (13–166) | 38 (11–104) |
| Outcome | | |
| Mortality within six months (n/total) | 8/117 | 10/113 |
| Major complication within six months (n/total) | 37/117 | 40/113 |
| New-onset organ failure (n/total) | 22/117 | 17/113 |
| Cholangitis (n/total) | 2/117 | 11/113 |
| Bacteremia (n/total) | 17/117 | 25/113 |
| Pneumonia (n/total) | 9/117 | 10/113 |
| Pancreatic parenchymal necrosis (n/total) | 17/117 | 18/113 |
| Pancreatic insufficiency | 9/117 | 3/113 |</p>
<table>
<thead>
<tr>
<th>Year</th>
<th>Study design</th>
<th>Total participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1988</td>
<td>RCT</td>
<td>110</td>
</tr>
<tr>
<td>2007</td>
<td>RCT</td>
<td>102</td>
</tr>
</tbody>
</table>

**Neoptolemos JP et al. [7]**

<table>
<thead>
<tr>
<th>Description</th>
<th>Urgent ERCP +/- ES within 72 hours of presentation, a cephalosporin, IV fluids, oxygen, and assisted ventilation as needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population characteristics</td>
<td></td>
</tr>
<tr>
<td>Participants</td>
<td>53</td>
</tr>
<tr>
<td>Male (number/total)</td>
<td>25/53*</td>
</tr>
<tr>
<td>Outcome</td>
<td></td>
</tr>
<tr>
<td>Mortality (number/total)</td>
<td>0/53</td>
</tr>
<tr>
<td>Overall complications (number/total)</td>
<td>6/53</td>
</tr>
<tr>
<td>Pseudo-cyst (number/total)</td>
<td>5/53</td>
</tr>
<tr>
<td>Duodenal obstruction (number/total)</td>
<td>0/53</td>
</tr>
<tr>
<td>Acute</td>
<td></td>
</tr>
<tr>
<td>Portal venous thrombosis (number/total)</td>
<td>0/53</td>
</tr>
<tr>
<td>Pleural effusion (number/total)</td>
<td>0/53</td>
</tr>
<tr>
<td>Respiratory failure (number/total)</td>
<td>2/53</td>
</tr>
<tr>
<td>Cardiovascular failure (number/total)</td>
<td>1/53</td>
</tr>
<tr>
<td>Renal failure (number/total)</td>
<td>0/53</td>
</tr>
<tr>
<td>DIC (number/total)</td>
<td>1/53</td>
</tr>
<tr>
<td>Cardiovascular accident (number/total)</td>
<td>1/53</td>
</tr>
</tbody>
</table>

**Year** 2007

**Study design** RCT

**Total participants** 102

**Description** ERCP +/- ES within 72 hours of onset, ciprofloxacin and metronidazole prophylaxis; ciprofloxacin and metronidazole prophylaxis; IV fluids, analgesia, oxygen, and nasogastric intubation as needed

<table>
<thead>
<tr>
<th>Population characteristics</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>51</td>
</tr>
<tr>
<td>Male (number/total)</td>
<td>16/51</td>
</tr>
<tr>
<td>Mean age (± SD) (years)</td>
<td>49.9 ± 17.4</td>
</tr>
<tr>
<td>Distal bile duct diameter (± SD) (mm)</td>
<td>10.7±2</td>
</tr>
<tr>
<td>Total serum bilirubin (± SD) (mg/dL)</td>
<td>3.16±2.1</td>
</tr>
<tr>
<td>APACHE II score (± SD)</td>
<td>4.8±2</td>
</tr>
<tr>
<td>Predicted mild attacks (number/total)</td>
<td>36/51</td>
</tr>
<tr>
<td>Predicted severe attacks (number/total)</td>
<td>17/51</td>
</tr>
</tbody>
</table>

**Outcome**

<p>| Mortality within three months (number/total) | 3/51 | 1/51 |
| Organ failure (newly developed) (number/total) | 5/51 | 6/51 |</p>
<table>
<thead>
<tr>
<th>Condition</th>
<th>Number/Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renal failure</td>
<td>7/51</td>
</tr>
<tr>
<td>Coagulation failure</td>
<td>2/51</td>
</tr>
<tr>
<td>Cardiac failure</td>
<td>2/51</td>
</tr>
<tr>
<td>Infected necrosis</td>
<td>2/51</td>
</tr>
<tr>
<td>Acute pseudocyst</td>
<td>1/51</td>
</tr>
<tr>
<td>Perforated gallbladder/empyema</td>
<td>3/51</td>
</tr>
</tbody>
</table>

**vanSantvoort HC et al. [11]**

**Year**
2009

**Study design**
Non-randomized trial

**Total participants**
153

**Description**
ERCP within 72 hours of onset
No ERCP or ERCP later than 72 hours of onset

**Population characteristics**

<table>
<thead>
<tr>
<th>Description</th>
<th>Number/Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>81/72</td>
</tr>
<tr>
<td>Male</td>
<td>34/81</td>
</tr>
<tr>
<td>Female</td>
<td>47/72</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mean age (± SD) (years)</th>
<th>66.3 ± 13.3</th>
</tr>
</thead>
<tbody>
<tr>
<td>(patients with cholestasis)</td>
<td></td>
</tr>
<tr>
<td>Mean age (± SD) (years)</td>
<td>65.9 ± 15.5</td>
</tr>
<tr>
<td>(patients without cholestasis)</td>
<td></td>
</tr>
</tbody>
</table>

| Total serum bilirubin (± SD) (mg/dL) | 4.0 ± 2.7  |
| (patients with cholestasis)          |            |
| Total serum bilirubin (± SD) (mg/dL) | 1.4 ± 0.5  |
| (patients without cholestasis)       |            |

**Outcome**

<table>
<thead>
<tr>
<th>Description</th>
<th>Number/Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mortality within three months</td>
<td>7/81</td>
</tr>
<tr>
<td>Overall complications</td>
<td>25/81</td>
</tr>
<tr>
<td>Pancreatic necrosis</td>
<td>16/81</td>
</tr>
<tr>
<td>Infected pancreatic necrosis</td>
<td>9/81</td>
</tr>
<tr>
<td>Bacteremia</td>
<td>13/81</td>
</tr>
<tr>
<td>Infected ascites</td>
<td>1/81</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>7/81</td>
</tr>
<tr>
<td>New onset organ failure</td>
<td>12/81</td>
</tr>
<tr>
<td>Bowel ischemia</td>
<td>2/81</td>
</tr>
<tr>
<td>ICU admission</td>
<td>21/81</td>
</tr>
</tbody>
</table>

**TABLE 1: Qualitative summary**

<table>
<thead>
<tr>
<th>Description</th>
<th>Number/Total</th>
</tr>
</thead>
</table>
| RCT: randomized controlled trial | ERCP: endoscopic retrograde cholangiopancreatography; CBD: common bile duct; IV: intravenous; SD: standard deviation; n: number; APACHE: acute physiology and chronic health evaluation; IQR: interquartile range; mg: milligrams; L: liters; ICU: intensive care unit; ES: endoscopic sphincterotomy; DIC: disseminated intravascular coagulation; mL: milliliters
| Renal failure                | 7/51         |
| Coagulation failure          | 2/51         |
| Cardiac failure              | 2/51         |
| Infected necrosis            | 2/51         |
| Acute pseudocyst             | 1/51         |
| Perforated gallbladder/empyema| 3/51         |

A qualitative summary of included papers is presented in Table 1.

**Quantitative analysis**

Total four studies meeting criteria were selected for quantitative synthesis.

**Mortality**

There was no significant difference between the two groups when comparing the mortality (in 3-6 months) of urgent ERCP with a conventional approach for acute biliary pancreatitis without cholestasis. However, there was slight lesser mortality among the ERCP group (OR 0.59, 95% CI 0.32 to 1.09; p=0.09; n= 595; I² = 26%) (Figure 3).
Figure 3: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis.

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom.

Sensitivity analysis was carried out by excluding a non-randomized controlled trial (vanSantvoort HC et al.), a study carried before 2000, and using a random-effect model showed no significant changes in the result (Appendix 3–5).

Overall major complications

Three studies reported overall complications in their study: Pancreatic necrosis, new-onset persistent organ failure, bacteremia, cholangitis, pneumonia, or pancreatic insufficiency were considered as major complications. Pooling the data using fixed-effect model showed reduced major complications among urgent ERCP group compared with a conventional approach for acute biliary pancreatitis without cholangitis (OR 0.60, 95% CI 0.41 to 0.88; p=0.01; I² = 53%; Figure 4). Considering moderate heterogeneity and re-running the analysis using random-effect model could not reach level of significance (OR 0.56, 95% CI 0.30 to 1.01; p=0.05; I² = 53%; Appendix 6). Similarly, performing sensitivity analysis by excluding studies before 2000 and excluding non-randomized controlled trials also did not reach statistical significance across the two groups (Appendix 7, 8).

Figure 4: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis.

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom.

Three studies reported the complications [7,10,11].

New-onset organ failure

Pooling the data using the fixed-effect model for new-onset organ failure among urgent ERCP group compared with a conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across two groups (OR 1.06, 95% CI 0.65 to 1.75; p=0.81; I² = 0%; Figure 5). In addition, subgroup analysis taking specific organ failure and sensitivity analysis carried out by excluding vanSantvoort HC et al. showed no significant changes (Appendix 9, 10).

Figure 5: Forest plot comparing the occurrence of new-onset organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis.

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom.

Three studies reported new-onset organ failure [9–11].

Pancreatic necrosis

Pooling the data using the fixed-effect model for pancreatic necrosis among urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the two groups (OR 0.80, 95% CI 0.49 to 1.32; p=0.38; I² = 0%; Figure 6). In addition, a sensitivity analysis excluding vanSantvoort HC et al. also showed no significant changes (Appendix 11).
Conclusions

Based on our meta-analysis taking patients with acute biliary pancreatitis without cholangitis, there is no benefit of early ERCP in acute biliary pancreatitis without cholangitis did not reduce mortality, complications, and other adverse outcomes compared to the conservative treatment.

Appendices

Appendix 1

Electronic Search Details: Database

Search: (urgent exp OR (urgent AND ('ercp'/exp OR ercp)) OR 'endoscopic retrograde cholangiopancreatography') AND (acute AND ('pancreatitis'/exp OR pancreatitis) AND (biliary AND ('pancreatitis'/exp OR pancreatitis) AND ('urgent ercp' OR (urgent AND ('ercp'/exp OR ercp)) OR 'endoscopic retrograde cholangiopancreatography') OR (acute AND ('pancreatitis'/exp OR pancreatitis) AND (biliary AND ('pancreatitis'/exp OR pancreatitis) AND ('urgent ercp' OR (urgent AND ('ercp'/exp OR ercp)) OR 'endoscopic retrograde cholangiopancreatography')))) AND (acute AND ('pancreatitis'/exp OR pancreatitis) AND (biliary AND ('pancreatitis'/exp OR pancreatitis) AND ('urgent ercp' OR (urgent AND ('ercp'/exp OR ercp)) OR 'endoscopic retrograde cholangiopancreatography'))))

Electronic Search Details: Embase

Appendix 1

Pancratic pseudo-cyst

Pooling the data using the fixed-effect model for pancreatic pseudo-cyst among urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across two groups (OR 0.44, 95% CI(1.16 to 1.24); p=0.12; I2 = 0%) (Appendix 12).

ICU admission

Pooling the data using the fixed-effect model for ICU admission rate among urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the groups (OR 0.61, 95% CI(1.40 to 1.61); p=0.16; I2 = 0%) (Appendix 14).

Pneumonia development

Pooling the data using the fixed-effect model for having pneumonia among the urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the groups (OR 0.69, 95% CI(1.97 to 2.77); p=0.06; I2 = 0%) (Appendix 15).

Discussion

The study’s significant findings were no differences in mortality, ICU admission, complications like pancreatic necrosis, pseudocyst, pneumonia development, and new-onset organ failure among patients with biliary pancreatitis without cholangitis with early ERCP compared to the control group. Although early ERCP was beneficial in reducing major complications while running the fixed-effect model, the same result was not replicated in the random effect model. The role of endoscopic retrograde cholangiopancreatography (ERCP) in the management of acute biliary pancreatitis with cholangitis is well established as per the European and American society of gastroenterology guidelines [19,20]. However, the current recommendation is to avoid ERCP in the absence of cholangitis and ongoing biliary obstruction as per both societies [19,20]. Although prior meta-analyses were conducted to evaluate the role of ERCP in acute biliary pancreatitis without cholangitis, most of the trials included in the analysis had a small sample size, a small number of patients with severe pancreatitis, delay in initiation of ERCP, non-gallstone etiologies, the inclusion of trials with cases of cholangitis and no proper data separating the outcome of those with and without cholangitis [7,11]. Thus, we conducted a meta-analysis including the results of Schepers et al’s randomized controlled trial, the largest ERCP trial, including patients with severe gallstone pancreatitis. In Schepers et al’s study, ERCP was done earlier than previous trials, and sphincterotomy was done universally in all patients [7].

We found no difference in mortality among the two groups receiving conservative management and endoscopic retrograde cholangiopancreatography for management of acute biliary pancreatitis without cholangitis. This finding was similar to Petrov et al.’s finding of no difference in mortality in patients with acute biliary pancreatitis without cholangitis [11]. Also, we found a reduction in major complications in patients with biliary pancreatitis without cholangitis undergoing ERCP compared to those receiving conservative management using the fixed-effect model. However, the result showed no significance with the random-effect model considering the heterogeneity. Petrov et al. and Van Santvoort HR et al. found a decreased risk of pancreatic related complications for patients with severe pancreatitis and severe acute biliary pancreatitis with cholangitis, respectively. However, Petrov et al. found no difference in complications among patients who underwent ERCP compared to conservative management [10,11,13]. Petrov et al. reported no difference in complications in mild acute biliary pancreatitis cases without cholangitis in the two groups [11,12]. Schepers et al. found no increased risk of respiratory complications with ERCP, as seen in previous trials [10].

Similarly, we found no difference in pneumonia among patients receiving conservative management and patients who underwent ERCP. One of the concerns with early ERCP for managing acute biliary pancreatitis without cholangitis is that ERCP has various complications and our findings of numerous decreased major complications are significant. However, we found no difference in local complications of pancreatitis like pancreatic pseudocyst and necrosis among patients receiving conservative treatment and early ERCP.

Another interesting finding seen in Schepers’s and Folsch’s trials is the increased risk of cholangitis in patients undergoing conventional therapy than those undergoing early ERCP [8,10].

A comprehensive literature search was performed with a qualitative assessment of the included studies in our meta-analysis. Our meta-analysis explored the role of early ERCP in biliary pancreatitis without cholangitis, a condition in which an effective treatment modality is still evasive. The latest and largest randomized controlled trial results by Schepers et al. were included in our updated analysis [10]. The findings of our study have important implications for clinical practice because no beneficial role of early ERCP was properly established in acute biliary pancreatitis without cholangitis. However, our study has several limitations. Most of the trials included a low number of patients with severe pancreatitis. In addition, the timing to ERCP was variable among the various trials, variable definition of cholangitis in different included trials, and inclusion of various types of patients with varying severity of pancreatitis, and the presence or absence of cholangitis lead to significant biological heterogeneity. In addition, it is hard to ascertain concomitant cholangitis only based on the Charcot triad because gallstone pancreatitis can also cause fever, and cholangitis may sometimes develop in the absence of fever and jaundice [11]. So, some trials might have included patients with concomitant cholangitis.

Conclusions

Based on our meta-analysis taking patients with acute biliary pancreatitis without cholangitis, there is no benefit of early ERCP. Early ERCP in acute biliary pancreatitis without cholangitis did not reduce mortality, complications, and other adverse outcomes compared to the conservative treatment.

FIGURE 6: Forest plot comparing the occurrence of pancreatic necrosis across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom.

These studies reported pancreatic necrosis [8-11].

Appendix 2

Basic Study Details

The basic details of included studies is presented in Table 2.
Study ID | Inclusion criteria | Exclusion criteria
--- | --- | ---
Schepers NJ et al. [10] | Acute pancreatitis | Cholangitis
High risk of developing severe disease (APACHE II score ≥ 8 OR Modified Glasgow score ≥ 3 OR C-reactive protein > 150 mg/L)
High probability of a biliary etiology | Pancreatitis due to other causes such as alcohol abuse (more than four units per day), metabolic causes (hypertriglyceridemia or hypercalcemia), medication, trauma, etc.
In case of a previous episode of necrotizing pancreatitis, patient should be fully recovered | Previous pancreatic sphincterotomy or needle knife pre cut
Age ≥ 18 years | Pregnancy
Written informed consent | Previous pancreatic sphincterotomy or needle knife pre cut
Chronic pancreatitis | Pregnant
Patients admitted with a diagnosis of acute pancreatitis | Age < 18 years
Neoptolemos JP et al. [7] | Pregnancy
Patients with a distal main bile duct diameter measuring ≥ 8 mm on admission US | History of chronic alcoholism or acute alcohol intake
Serious comorbid conditions that precluded ERCP | Identifiable secondary cause for the attack of acute pancreatitis, such as drugs, hyperlipidemia, trauma, or surgery
Age ≥ 18 years | Acute cholangitis
Patients with total serum bilirubin ≥ 1.20 mg/dL | Inability to perform endoscopy within 72 hours after onset of the attack
Oríá A et al. [9] | Other causes of acute pancreatitis (e.g., alcohol abuse) | Signs of chronic pancreatitis (history and CT)
All patients from PROPATRIA diagnosed with acute biliary pancreatitis within 72 hours after onset of symptoms | Patients with potential cholangitis (serum bilirubin level > 1.2 mg/dL and/or dilated CBD on ultrasound or CT and temperature > 38.5°C)
van Santvoort HC et al. [11] | Other causes of acute pancreatitis (e.g., alcohol abuse) | Signs of chronic pancreatitis (history and CT)
All patients from PROPATRIA diagnosed with acute biliary pancreatitis within 72 hours after onset of symptoms | Patients with potential cholangitis (serum bilirubin level > 1.2 mg/dL and/or dilated CBD on ultrasound or CT and temperature > 38.5°C)

TABLE 2: Basic details of included studies

APACHE: acute physiology and chronic health evaluation; ERCP: endoscopic retrograde cholangiopancreatography; INR: international normalized ratio; FFP: fresh frozen plasma; PROPATRIA: probiotics in pancreatitis trial; CT: computed tomography; CBD: common bile duct

An additional analysis was carried out on the following parameters:

1. Mortality (Appendices 3-5)
2. Overall major complications (Appendices 6-8)
3. New-onset organ failure (Appendices 9, 10)
4. Pancreatic necrosis (Appendix 11)
5. Pancreatic pseudo-cyst (Appendix 12)
6. ICU admission (Appendix 13)
7. Pneumonia development (Appendix 14)

Appendix 3
Sensitivity analysis considering mild heterogeneity and re-running the analysis using random-effect model showed no significant difference across two groups (OR 0.63, 95% CI 0.27 to 1.44; I² = 26%) (Figure 7).

FIGURE 7: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis using a random-effect model

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Four studies reported the mortality outcomes [7,9-11].

Appendix 4
Similarly, sensitivity analysis carried out by excluding non-randomized controlled trial (van Santvoort HC et al.) also showed no significant changes (OR 0.73, 95% CI 0.16 to 3.26; n= 442; I² = 45%) (Figure 8).
FIGURE 8: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies included in the forest plot are [7, 8, 10].

FIGURE 9: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding studies before 2000 (Neoptolemos JP et al. 1988)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies included in the Forest plot are [9-11].

FIGURE 10: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis using a random-effect model

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7, 10, 11].

FIGURE 11: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding studies before 2000 (Neoptolemos JP et al. 1988)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7, 10, 11].

Appendix 5

Additionally, re-running analysis by excluding older studies before 2000 (Neoptolemos JP et al.) also could not show significant changes across two groups (OR 0.70, 95% CI 0.34 to 1.45; I² = 11%) (Figure 9).

Appendix 6

Considering moderate heterogeneity and re-running the analysis using random effect model could not reach level of significance (OR 0.56, 95% CI 0.30 to 1.01; p = 0.05; I² = 53%) (Figure 10).

Appendix 7

Additionally, re-running analysis by excluding studies before 2000 (Neoptolemos JP et al.) also could not show significant changes across two groups (OR 0.71, 95% CI 0.47 to 1.09; I² = 0%) (Figure 11).

Appendix 8

Similarly, sensitivity analysis carried out by excluding non-randomized controlled trials (vanSantvoort HC et al.) also showed no significant changes (OR 0.50, 95% CI 0.16 to 1.61; I² = 76%) (Figure 12).
FIGURE 12: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7; 10; 11].

Appendix 9
Sensitivity analysis for outcome new-onset organ failure carried out by excluding non-randomized controlled trial (vanSantvoort HC et al.) also showed no significant changes (OR 1.17, 95% CI 0.64 to 2.14; I² = 0%) (Figure 13).

FIGURE 13: Forest plot comparing the occurrence of new-onset organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the new-onset organ failure [9-11].

Appendix 10
Carrying analysis using random effect model for specific organ failure could not reach significant differences among two groups for respiratory failure (OR 0.55, 95% CI 0.23 to 1.35; I² = 0%), renal failure (OR 1.04, 95% CI 0.04 to 24.41; I² = 53%), and circulatory failure (OR 0.60, 95% CI 0.04 to 8.22; I² = 47%) (Figure 14).

FIGURE 14: Forest plot showing subgroup analysis on occurrence of specific organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported specific organ failure [7; 9].

Appendix 11
Sensitivity analysis for outcome pancreatic necrosis carried out by excluding non-randomized controlled trial (vanSantvoort HC et al.) also showed no significant changes (OR 0.91, 95% CI 0.46 to 1.79; I² = 0%) (Figure 15).

FIGURE 15: Forest plot showing subgroup analysis on occurrence of specific organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported specific organ failure [7; 9].
FIGURE 15: Forest plot comparing the occurrence of pancreatic necrosis across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the pancreatic necrosis [9-11].

Appendix 12

Pooling the data using the fixed-effect model for pancreatic pseudo-cyst among urgent ERCP group comparing with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across two groups (OR 0.44, 95% CI 0.16 to 1.24; p=0.12; I² = 0%) (Figure 16).

FIGURE 16: Forest plot comparing the occurrence of pancreatic pseudo-cyst across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported pancreatic pseudo-cyst [7,10].

Appendix 13

Pooling the data using the fixed-effect model for ICU admission rate among urgent ERCP group comparing with the conventional approach for acute biliary pancreatitis without cholangitis showed a slightly higher chance of admission in the ERCP group but did not reach statistical significance (OR 1.64, 95% CI 0.97 to 2.77; p=0.06; I² = 0%) (Figure 17).

FIGURE 17: Forest plot comparing ICU admission rate across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported ICU admission [10,11].

Appendix 14

Pooling the data using the fixed-effect model for having pneumonia among the urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the groups (OR 0.81, 95% CI 0.40 to 1.65; p=0.56; I² = 0%) (Figure 18).

FIGURE 18: Forest plot comparing the development of pneumonia across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported pneumonia [10,11].

Additional Information

Disclosures

Conflicts of interest: In compliance with the ICMJE uniform disclosure form, all authors declare the following: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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