Long COVID and Challenges to the Post-Pandemic World

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Abstract

Certain symptoms seem to persist in a subset of individuals who survive acute COVID infection. Viral persistence is well known that persistent symptoms in "long-haul COVID" or "long COVID" will emerge as a secondary public health crisis following the pandemic. The identification of Long COVID and its diagnosis are particularly challenging because there are a multitude of symptoms associated with Long COVID, some of which are diffuse, which emerge sometimes weeks after the infection has resolved. There is a paucity of research on this important subject and much of what is known about Long COVID has come from online and crowdsourced information from people reporting their own symptoms. It was our objective to review the literature about what is known about Long COVID to better frame the discussion on this next "wave" of the pandemic.