

Possible Role of 5-Hydroxytryptamine (5-HT) Receptor on Human Sperm Motility Regulation

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Abstract

The purpose of this study is to examine whether 5-hydroxytryptamine (5-HT, also known as serotonin) regulates human sperm motility, focusing on 5-HT receptors. Immunofluorescent staining revealed the existence of seven types of 5-HT receptors with a heterogeneous pattern of reactive sites. In detail, 5-HT_{1B}, 5-HT₆, and 5-HT₇ were detected in the post-acrosomal and mid-piece regions. The 5-HT_{2A} and 5-HT_{5A} receptors were mainly localized in the equatorial segment. 5-HT_{3A} and 5-HT₄ receptors were present in the neck and post-acrosomal regions. When examining the effects of 5-HT receptor antagonists on sperm motility, only the 5-HT_{2A} receptor antagonist significantly reduced sperm motility. This suggests that the 5-HT_{2A} receptor may have a regulatory function in sperm motility. Eventually, progressive motility should be attenuated to penetrate the oocyte for fertilization. The current study indicated heterogeneous expression patterns and plausible functions of 5-HT receptors in human sperm.

Categories: Obstetrics/Gynecology

Keywords: sperm motility, serotonin, reproductive medicine, male factor infertility, in-vitro fertilization

Introduction

According to a World Health Organization (WHO) report [1], infertility is partly caused by the male factor. 5-HT is a known mood-stabilizing neurotransmitter in the brain [2]. 5-HT is synthesized from the essential amino acid tryptophan [3] and is distributed throughout the nervous system, gut, mast cells, platelets, neuroendocrine cells, and reproductive organs [4]. The 5-HT receptor proteins comprise seven families: 5-HT₁, 5-HT₂, 5-HT₃, 5-HT₄, 5-HT₅, 5-HT₆, and 5-HT₇ [4,5]. Since 5-HT receptors are target molecules that regulate signaling such as Ca²⁺ signaling via Gq proteins and phospholipase C, which activates soluble intracellular adenylyl cyclase, 5-HT has been proposed as a promising candidate for new drug design [6]. Many cases of male infertility are due to sperm dysfunction [1]. It is known that ejaculated sperm usually undergo an acrosome reaction in the female reproductive tract after achieving final fertilization competence (fertilization competence). In addition to sperm plasma, the female reproductive tract contains a variety of physiological and biological components. One of these components, 5-hydroxytryptamine (5-HT, also known as serotonin), was suggested to be a strong candidate for regulating sperm fertility.

In reproductive organs, 5-HT regulates gametogenesis, as well as hormone synthesis and secretion [6,7]. Several studies using human sperm have described the relationship between blood serotonin concentration and semen quality [8,9]. However, to our knowledge, there are few reports concerning 5-HT concentrations in seminal plasma and molecular effects on sperm function. Only animal studies have indicated that 5-HT induces contraction of the vas deferens and regulates testicular blood flow and testicular growth [10-12].

Furthermore, there are few reports of direct effects of 5-HT on sperm function [13]. Recently, however, it was reported that 5-HT stimulated hyperactivation and the acrosome reaction in hamster sperm [14]. Our group also observed that 5-HT improved success rates of in vitro fertilization, as well as hyperactivation rates of mouse sperm [15]. In human sperm experiments, Jiménez-Trejo et al. [16] demonstrated the presence of 5-HT_{2A} receptors, our knowledge only this research group has investigated the relationship of 5-HT to human sperm. Based on their findings, we intended to confirm the effect of 5-HT on sperm motility but did not obtain coincident results. Instead, 5-HT showed no effect on human sperm motility.

Then, we focused on the 5-HT receptor antagonists and examined their effects on human sperm motility. The results showed that only the 5-HT_{2A} receptor antagonist significantly reduced human sperm motility, suggesting that progressive motility should be attenuated to penetrate the oocyte for fertilization. It is thus concluded that the 5-HT_{2A} receptor plays an important role in sperm motility regulation at the fertilization site. 5-HT and related receptors may have different functions at several stages in the female reproductive tracts such as sperm transport, sperm-zona pellucida binding, and penetration of the oocytes.

Materials And Methods

How to cite this article

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Ethical approval, research subjects, and sample processing

This study was approved by the Ethics Review Committee of Hyogo Medical University (approval number: 2997). Procedures were in accordance with the ethical standards of the Committee Responsible for Human Experimentation and the 1964 Declaration of Helsinki. Thirty-nine sperm samples were collected from adult male patients or volunteers who visited the Hyogo Medical University Hospital Clinic between September 2019 and December 2021 and gave written informed consent. The age of the subjects ranged from 22 to 59 (34 ± 10.22) years (Table 1). One specimen was excluded because it had 0% sperm motility. The donated 38 semen was liquefied at room temperature (23-25°C) for 60 minutes and then incubated in Arctic Sperm Cryopreservation Medium (FUJIFILM Irvine Scientific Inc., Santa Ana, CA, USA) containing human serum albumin (HSA) at a minimum semen volume of 1.4 mL and a total sperm concentration of 1.6 million/mL, and sperm motility was adjusted to at least 30%.

No.	Age (years)	Volume (ml)	Motility (%)	Total number of sperm (×10 ⁴ /ml)	Varicose veins in the testes anamnesis
1	29	3.3	63	4050	non
2	27	4.5	30	2700	non
3	44	4	31	2600	non
4	31	3.6	56	4950	non
5	39	3.2	64	11200	non
6	41	1.1	19	41000	non
7	44	2.8	13	14500	non
8	40	5.3	41	12950	non
9	45	1.5	0	9	non
10	50	2	67	4556	non
11	45	1	33	4400	non
12	43	4	57	7980	left
13	33	2	51	3774	non
14	33	0.8	90	1440	non
15	45	1.5	19	6750	non
16	38	3	33	594	non
17	35	3	71	7455	left
18	59	1	18	900	non
19	53	5	28	4900	non
20	46	4	26	2900	non
21	31	2.5	50	3500	non
22	47	2	42	14616	non
23	30	4	40	4320	non
24	37	4	61	4392	left
25	30	2	60	1800	non
26	32	4	33	400	non
27	22	4	38	4864	non
28	28	3	63	19494	non
29	29	1.7	63	7018	non
30	27	4.9	25	1941	non
31	29	1.7	21	780	non

32	28	2.7	52	13697	non
33	29	1.4	40	861	non
34	28	2.3	76	10952	non
35	27	3.1	94	46534	non
36	28	2.2	49	780	non
37	29	3	49	5817	non
38	28	1.5	65	11717	non
39	28	1.8	51	6730	non
Average	35	2.6	45	7687	□

TABLE 1: Condition of semen before adjustment

Details of 39 samples; no. 9 was excluded due to 0% migration

Estimation of 5-HT concentrations in seminal plasma

The 5-HT concentration in seminal plasma was measured using a 5-HT ELISA kit (ENZO Life Science, Farmingdale, NY, USA). Twelve samples were randomly selected from semen with sperm motility of 19-82.4%. The correlation was assessed by the r value (Excel program, Microsoft, Washington, USA).

Sperm preparation for motility assay

After thawing sperm materials, they were removed from the freezing tube using a transfer pipette, added to 6 mL of Multipurpose Handling Medium-Complete (MHM-C), supplemented with gentamicin and HSA (FUJIFILM Irvine Scientific Inc., Santa Ana, CA, USA), prepared in a 15-mL tube, and stirred gently without whisking. The sperm samples were centrifuged twice at 362 × g for five minutes to remove seminal plasma and cryopreservation medium. The sperm pellet was resuspended in 1000 μL of MHM-C and incubated for 60 minutes at 37°C to allow the sperm to swim up. Sperm motility was measured by the Sperm Motility Analyzing System (SMAS) at three minutes, 15 minutes, one hour, and two hours after the addition of 5-HT at concentrations of 100 μM or 10 μM. Each sample (4 μL) was subjected to analysis using a standard counting chamber that was 12 μm deep with a two-window specification (Leja, SC-12-01-C; Neuroscience, Inc., Tokyo, Japan). Semen samples that did not exhibit motility after thawing were excluded from the study.

Immunostaining of 5-HT receptors

After adding 6 mL of MHM-C to thawed semen samples, sperm were washed and centrifuged twice at 362 × g for five minutes to remove seminal plasma. The washed sperm were subjected to swim-up treatment in MHM-C for 60 minutes. Swim-up sperm were collected and centrifuged at 362 × g for five minutes and then resuspended in phosphate-buffered saline (PBS, 0.01 mol/L, pH 7.4; LSI Medience Corporation, Tokyo, Japan) and agitated by a vortex mixer for 10 seconds. Sperm were smeared on glass slides (Matsunami, Osaka, Japan), dried for 30 minutes, fixed in neutral buffered 10% formalin (FUJIFILM Wako Chemical Scientific, Osaka, Japan) for 15 minutes, and then washed twice with PBS for five minutes. The specimens were blocked with EzBlock Chemi solution (ATTO Corporation, Tokyo, Japan) for one hour to suppress non-specific reactions and then incubated with primary antibodies diluted with PBS in a humidified chamber for 24 hours at 4°C. The primary antibodies used were as follows: anti-5-HT_{1B} polyclonal rabbit IgG (C12009, 1:100; Assay Biotech, Fremont, CA, USA), anti-5-HT_{2A} polyclonal rabbit IgG (C12013, 1:100; Assay Biotech, Fremont, CA, USA), anti-5-HT_{3A} polyclonal rabbit IgG (bs-2126R, 1:100; Bioss Antibodies, Woburn, MA, USA), anti-5-HT₄ polyclonal rabbit IgG (NBP1-78403, 1:100; Novus Biologicals, CO, USA), anti-5-HT_{5A} polyclonal rabbit IgG (bs-12055R, 1:20; Bioss Antibodies Bioss Antibodies, Woburn, MA, USA), anti-5-HT₆ polyclonal rabbit IgG (23561-1-AP, 1:100; Proteintech, Rosemont, IL, USA), and anti-5-HT₇ polyclonal rabbit IgG (G018, 1:300; Assay Biotech, CA, USA). Reference Pure IgG (1:100; Proteintech, Rosemont, IL, USA) was used as a negative control. After washing three times with PBS for five minutes, the specimens were incubated with a secondary antibody (1:200; Alexa Fluor 555-labeled donkey anti-sheep IgG, or 1:1000, Alexa Fluor 488-labeled goat anti-rabbit IgG) diluted in EzBlock Chemi solution for one hour at room temperature. The nuclei were stained with 4',6-diamidino-2-phenylindole (Life Technologies, Carlsbad, CA, USA). The specimens were observed under a fluorescence microscope BX53 (Olympus Corporation, Tokyo, Japan). Experiments were repeated three times for 5-HT receptor antibodies.

Analysis of 5-HT receptor antagonists

For antagonist experiments, the following 5-HT receptor antagonists were used: 5-HT_{1B} (GR55562 dihydrochloride; Abcam, Cambridge, UK), 5-HT_{2A} (cyproheptadine hydrochloride; MedChemExpress, Monmouth Junction, NJ, USA), 5-HT₃ (dolasetron mesylate hydrate; Sigma-Aldrich, Missouri, USA), 5-HT₄ (GR113808; Abcam, Cambridge, UK), 5-HT₆ (SB271046A; Sigma-Aldrich, Missouri, USA), and 5-HT₇ (SB258719; Sigma-Aldrich, Missouri, USA). 5-HT receptor antagonists (100 μM) were added to sperm suspensions, and motility assays were performed using SMAS including parameters of straight-line velocity (VSL), curvilinear velocity (VCL), average path velocity (VAP), linearity (LIN), straightness (STR), amplitude of lateral head displacement (ALH), and beat-cross frequency (BCF) (Ver3.09-Ver3.12; DITECT Tokyo, Japan). The details were described in the previous section “Sperm preparation for motility assay.” The experiments were repeated four times using different donors.

Statistics

A one-way ANOVA was used for statistical analysis, and Tukey’s method was used for post-hoc analysis using EZR software (Saitama Medical Center, Jichi Medical University, Saitama, Japan). Statistical significance was set at p<0.05.

Results

First, we determined 5-HT concentrations in the seminal plasma because there is less data on this matter. The 5-HT concentration in the seminal plasma and sperm motility showed a significant positive correlation (Figure 1). When examined the effects of 5-HT on sperm motility, it did not affect sperm motility (Figure 2).

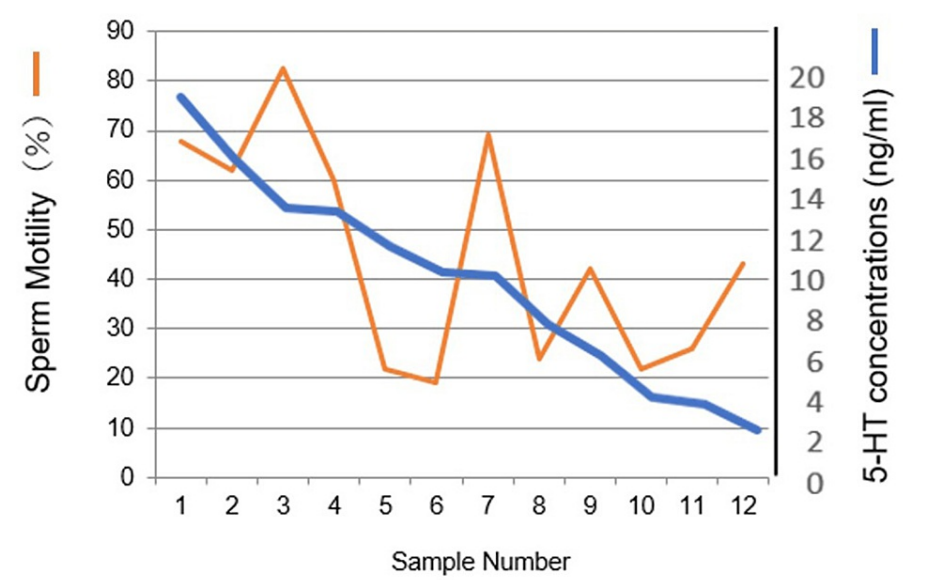


FIGURE 1: Relationship between 5-HT concentration in seminal plasma and sperm motility
5-HT concentration in seminal plasma correlated to sperm motility (r=0.605524)

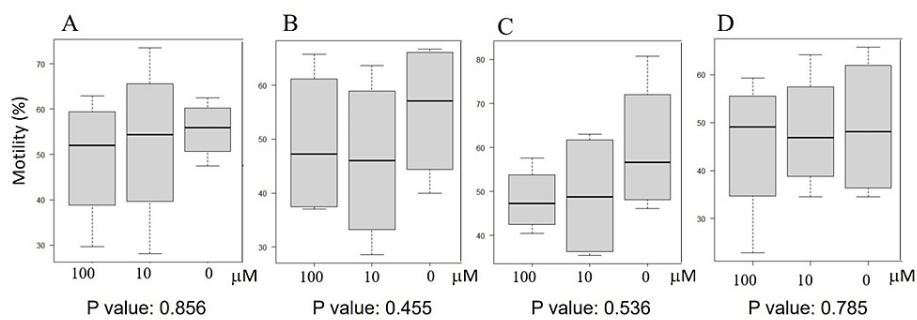


FIGURE 2: Effects of 5-HT on sperm motility at different incubation times

Sperm motility was estimated after incubation with 5-HT for three minutes (A), 15 minutes (B), one hour (C), and two hours (D). Statistical analysis was carried out by the Kruskal-Wallis method. No significant difference was observed in any incubation times at concentrations of 10 mM or 100 mM. The concentrations used in this experiment were referred to in a previous paper [15].

As a next experiment, immunofluorescent studies were carried out to examine whether 5-HT receptors were localized on the sperm surface. The result showed that the 5-HT receptors were localized with heterogeneous patterns (Figure 3).

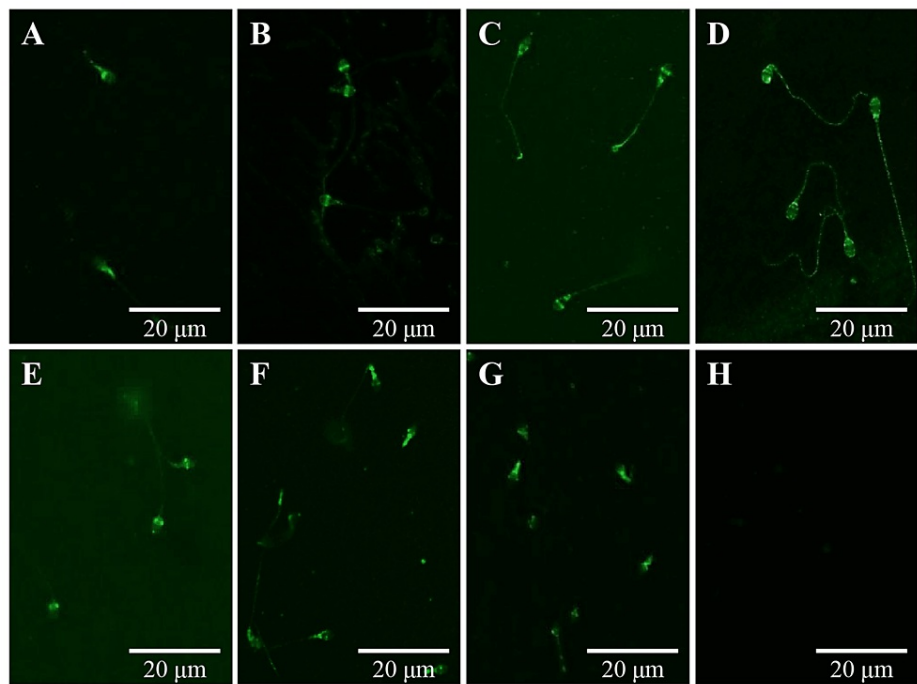


FIGURE 3: Detection of 5-HT receptors in human sperm by immunofluorescent staining

A-H are represented for 5-HT_{1B}, 5-HT_{2A}, 5-HT_{3A}, 5-HT₄, 5-HT_{5A}, 5-HT₆, and 5-HT₇ receptors and rabbit IgG (negative control), respectively. Experimental details are described in Materials and Methods.

Of the seven types of 5-HT receptors, 5-HT_{1B}, 5-HT₆, and 5-HT₇ reacted to the post-acrosomal and mid-piece regions (Figure 3A, 3F, 3G), 5-HT_{2A} and 5-HT_{5A} were detected in the equatorial segment (Figure 3B, 3E), and 5-HT_{3A} and 5-HT₄ were mainly localized in the neck and post acrosomal regions with weak signals in the tail region of sperm (Figure 3C, 3D).

Figure 4 shows the effects of 5-HT receptor antagonists on sperm motility kinetics. Only the 5-HT_{2A} receptor antagonist significantly reduced sperm motility after incubation for one and two hours (P<0.05). This

receptor antagonist also reduced VSL, VCL, and VAP (Figure 4B-4D). The ALH also significantly decreased (Figure 4G). However, the 5-HT_{2A} receptor antagonist did not affect LIN, STR, or BCF (Figure 4E, 4F, 4H). Other 5-HT receptor antagonists did not affect sperm motility kinetics.

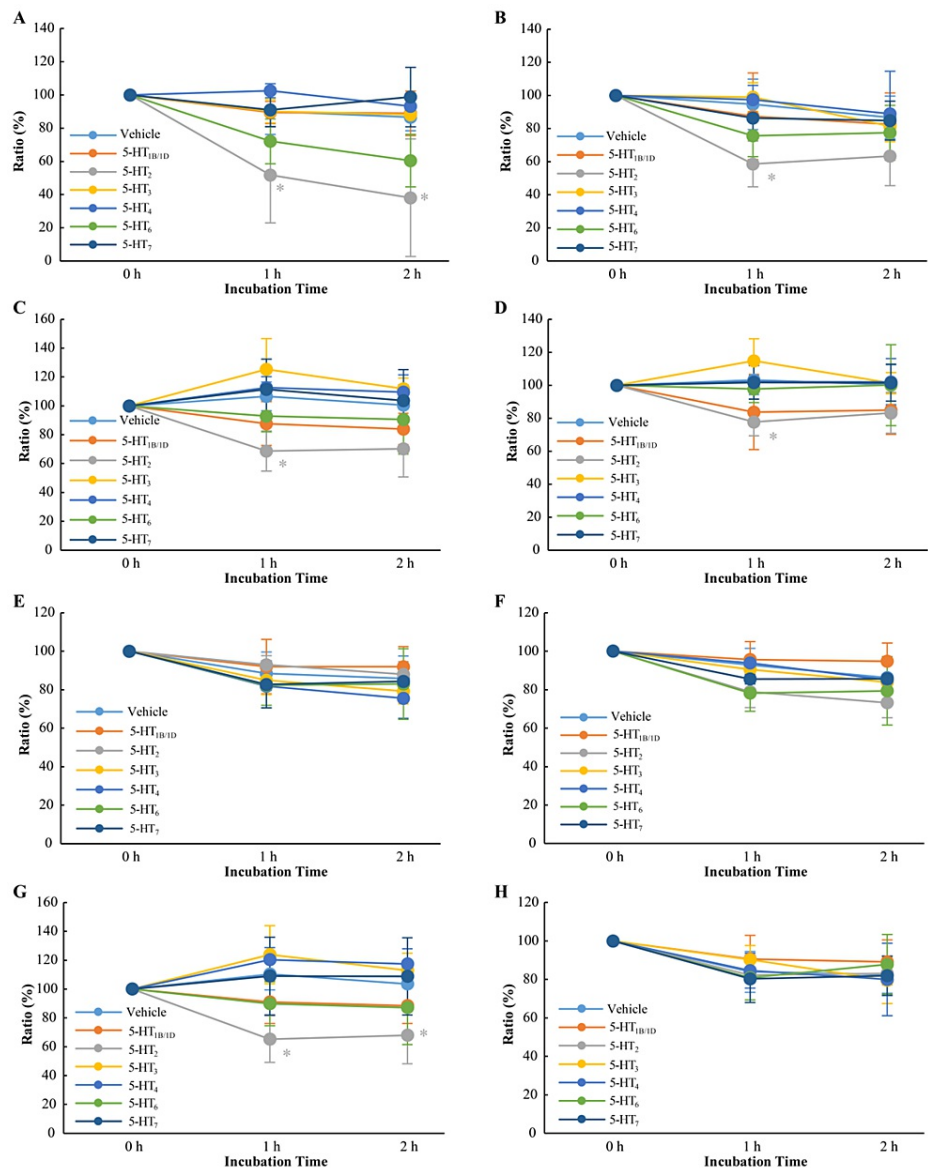


FIGURE 4: Effects of 5-HT receptor antagonist on sperm motility kinetics

A: sperm motility, B: straight-line velocity (VSL), C: curvilinear velocity (VCL), D: average path velocity (VAP), E: linearity (LIN), F: straightness (STR), G: amplitude of lateral head displacement (ALH), and H: beat-cross frequency (BCF). The asterisk in "G" indicates a significant decrease (P<0.05).

Discussion

In WHO assessments [1], male factors are significant etiologic factors in infertile couples. Analysis of sperm fertilization mechanisms is contributing to the treatment of male infertility. The current study is focusing on 5-HT receptors present in human sperm. In order to ascertain their contribution to fertilization, the relationship between sperm motility and 5-HT receptors was examined.

Initially, we estimated 5-HT concentrations and determined the relationship between sperm motility and 5-HT concentration in individual seminal plasma and obtained high co-efficiency ($r=0.605524$). Although positive effects of 5-HT on sperm motility were expected, the addition of 5-HT did not show any influence, as shown in Figure 2. This suggests that 5-HT receptors are saturated by 5-HT and reach the accelerated stage of sperm motility in the ejaculated and liquefied sperm. This status is plausibly reasonable because

progressive movement is necessary to reach the fertilization site in female reproductive tracts.

We detected seven types of 5-HT receptors from an immunofluorescence study. The results showed that the 5-HT receptor was located in a heterogeneous pattern of reactive sites, as shown in Figure 3. Future studies are needed to determine whether the localization of the 5-HT receptor is related to individual sperm function. Western blotting analysis represented multiple bands even in each receptor, suggesting that sperm 5-HT receptors have high molecular heterogeneity as well as distribution. 5-HT receptors generally possess many heterologous variants including splicing variants and edited variants as well as genetic variants [17,18]. The heterogeneous pattern of the sperm 5-HT receptors is plausible in that there are various modifications of 5-HT receptors. Precise analysis will be needed using different epitope-recognizing antibodies for each 5-HT receptor.

The current study was designed to focus on 5-HT receptor inhibition because the addition of 5-HT had not affected sperm motility. Among the seven types of antagonists tested, only the 5-HT_{2A} receptor antagonist reduced sperm motility, including some parameters such as VSL, VCL, VAP, and ALH (Figure 4). The result strongly suggests that the 5-HT_{2A} receptor plays an important role in sperm motility regulation. The signal transduction pathway of sperm motility was plausibly blocked via the antagonist so that sperm motility was regulated downward.

It is known that after migration to the fallopian tube, sperm primarily bind to the oocyte zona pellucida and induce an acrosome reaction [19]. At the first step of fertilization, a sperm protein located in the equatorial segment binds to the oocyte cell membrane [20]. During this process, it is considered that sperm bind to the oocyte and reduce motility to facilitate fertilization. Further movement is not needed and instead may interfere with fertilization. During sperm transport toward the upper portion of the female reproductive tracts, 5-HT in the seminal plasma may be reduced. Accordingly, motility promotion signals by 5-HT should also be attenuated. This condition is preferred for sperm to penetrate the oocytes. In physiological environments, cellular signals via HT_{2A} are reduced by lower concentrations of 5-HT. As another possibility, as-yet-undefined 5HT_{2A} inhibitors may suppress sperm motility.

Sperm fertilizing capacity including motility reduction may be controlled by 5-HT in the microenvironments of female reproductive tracts. Although the mechanism by which the blocking of the 5-HT_{2A} receptor is linked to sperm motility is still unknown, supplementation with a 5-HT_{2A} antagonist in an IVF medium may be able to promote fertilization by keeping the sperm on the oocyte surface.

There are some limitations to the present study. The first is that the abstinence period for sample collection ranged from two to five days, but the time of collection was not constant, such as in the morning or afternoon. The second is the setting of inhibitor concentrations in the experimental reagents. Although low concentrations (1, 10, and 100 μ M) were used in the preliminary experiment, it was at the 100 μ M concentration that a decrease in sperm motility rate was observed. Therefore, 100 μ M was set, but this concentration was also set based on the pharmacokinetic concentration, which is the physiological concentration in the human body. Experiments were conducted with reference to previous studies [15].

Conclusions

This study revealed the presence of seven types of 5-HT receptors in human sperm. Among them, 5-HT_{2A} receptors showed functional involvement in motility speed. Future studies should clarify the mechanism of 5-HT action involved in sperm function and whether 5-HT-related components improve male fertility.

5-HT is synthesized from tryptophan, an essential amino acid, and is a well-known neurotransmitter in the brain. 5-HT acts via receptors in human sperm. In the future, 5-HT may be useful in the treatment of male infertility.

The 5-HT_{2A} receptor is also the target of drugs for psychiatric symptoms of schizophrenia and Parkinson's disease, and this paper may provide a possible avenue for the treatment of male infertility by using an existing drug with an established safety profile for human effects.

Additional Information

Disclosures

Human subjects: Consent was obtained or waived by all participants in this study. Ethics Review Committee of Hyogo Medical University issued approval 2997. We have made the following decision on the above research proposal for which an application was submitted in accordance with Article 7 of the "Regulations of the Ethical Review Committee, Hyogo Medical College. **Animal subjects:** All authors have confirmed that this study did not involve animal subjects or tissue. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work.

Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work.

Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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