DOI: 10.7759/cureus.43442

# Review began 08/03/2023 Review ended 08/12/2023

# Published 08/13/2023 © Copyright 2023

AlBishi et al. This is an open access article distributed under the terms of the Creative Commons Attribution License CC-BY 4.0., which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

# Retroperitoneal Tumor, a Primary Cavernous Hemangioma: A Case Report

Nasser AlBishi <sup>1</sup>, Mohammed Alwhabi <sup>2</sup>, Mohammed Abdelatif M. Elhassan <sup>3</sup>

 $1.\ Pathology\ and\ Laboratory\ Medicine,\ King\ Fahad\ Medical\ City,\ Riyadh,\ SAU\ 2.\ Anatomical\ Pathology,\ Prince\ Sultan\ Military\ Medical\ City,\ Riyadh,\ SAU\ 3.\ Anatomical\ Pathology,\ King\ Fahad\ Medical\ City,\ Riyadh,\ SAU\ 3.$ 

Corresponding author: Nasser AlBishi , albishinaser@gmail.com

### **Abstract**

The diagnosis of primary retroperitoneal cavernous hemangiomas is extremely rare in clinical practice. Only a few cases have been reported. Due to the lack of specific radiological features, their diagnosis is uncommon. They are usually found incidentally or after symptoms as a consequence of complications. Adult retroperitoneal cavernous hemangiomas are extremely rare. This is a report of a rare case of a primary retroperitoneal cavernous hemangioma in a 45-year-old male patient discovered after acute appendicitis. A histopathological examination is conducted following total surgical resection to confirm the diagnosis.

Categories: Pathology

**Keywords:** hemangioma, hemangioma cavernous therapy, retroperitoneal sarcomas, retroperitoneal hemangioma, cavernous hemangioma

### Introduction

Primary retroperitoneal hemangiomas are extremely rare. Between 1950 and 2022, fewer than 30 cases of adult retroperitoneal hemangiomas have been reported in the literature, and only few of these 30 cases are primary with no organ or vessel connections [1]. Renal hemangiomas are the most common retroperitoneal hemangiomas in adults. The adrenal glands and pancreas can also be affected by hemangiomas [2,3]. In this paper, we report an adult case of a primary retroperitoneal hemangioma with extensive necrosis and hemorrhage that suggested sarcoma or gastrointestinal stromal tumor (GIST) radiologically.

#### **Case Presentation**

The patient was a 43-year-old, male who presented to a primary center with acute abdominal pain and was admitted for an open appendectomy. During the surgery, they found a retroperitoneal mass and described it as a mass abutting the left kidney. After that, the patient was referred to our center.

CT abdomen and pelvis was performed in the portal venous phase and showed a  $7.9 \times 7.3 \times 7.2 \text{ cm}$  mass abutting the kidney with involvement of the left peritoneal reflection and abutting the adjacent descending colon, a heterogeneous enhancement that suggests cystic and solid components. It showed a hypo-dense center that could be necrosis. No calcification could be appreciated. No definite invasion of the spleen or bowel. Radiology suggests that the mass is highly suspicious for sarcoma (Figure 1).



# FIGURE 1: CT images

CT abdomen and pelvis show a non-enhancing mass cystic and solid components abutting the kidney and a hypo-dense center (arrow).

#### Cureus

After laparoscopic retroperitoneal excision, pathologic examination showed a 7 x 5 x 4 cm encapsulated nodular mass with extensive central necrosis and hemorrhage lesion. The section shows a well-defined lesion with a fibrous pseudo-capsule, composed of cavernous vascular proliferation and variable-size venular/capillary structures (Figure 2). The central part of the lesion shows extensive infarction and hyalinization. The peripheral areas of the necrotic tissue show focal endothelial papillary hyperplasia within vascular spaces lined by a single layer of plump endothelial cells resembling intravascular papillary endothelial hyperplasia. No atypia, mitosis, or apparent infiltrative growth was identified (Figure 3). The final diagnosis was a benign vasoformative lesion consistent with cavernous hemangioma. The tumor board considered no role for chemotherapy or radiotherapy (XRT) and further management other than future follow-up.

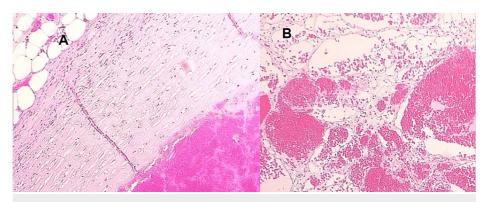


FIGURE 2: 10x hematoxylin and eosin (H&E)

A. Tumor shows a thick fibrous pseudocapsule. B. Cavernous vascular proliferation, variable-size venular/capillary structures.

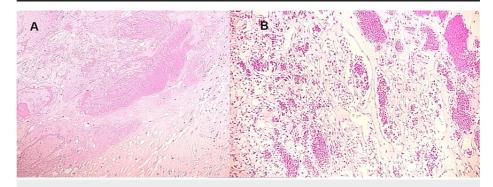


FIGURE 3: 10x hematoxylin and eosin (H&E)

A. Central necrosis and hyalinization. B. Areas of resembling Intravascular papillary endothelial hyperplasia.

## **Discussion**

Among all tumors, retroperitoneal neoplasms account for only 0.1-0.2%. The most common type of retroperitoneal neoplasm is mesodermal, neurogenic, or lymphatic in origin [4]. A retroperitoneal hemangioma is rare and is almost always of the cavernous type [5]. There are several common locations where retroperitoneal cavernous hemangiomas can occur, including the peripancreatic area, perirenal area, and periureteric region. Genitourinary cavernous hemangiomas most commonly occur in the kidney and bladder and can involve some rare locations, such as the ilium [6,7]. Cavernous hemangiomas in the abdomen or retroperitoneum do not cause any specific symptoms. As symptoms of renal cavernous hemangiomas, patients may experience flank pain, hematuria, anemia, thrombocytopenia, renal vein thrombosis (rarely), or even life-threatening bleeding [8].

Between 1950 and 2022, fewer than 30 cases of adult retroperitoneal hemangiomas have been reported in the literature, including 19 cases in Japan [1]. Hemangiomas arising from the infundibulopelvic vessels are rarely found; as such, only two cases have been reported [9]. Pancreatic cavernous hemangiomas are cystic tumors that usually lack larger supply vessels, resulting in a lack of arterial enhancement on radiographs and hence wrong diagnoses [10]. In retroperitoneal hemangiomas that are asymptomatic, no further treatment is needed; however, if the tumor grows, it oppresses adjacent organs or develops symptoms that are not specific [10,11].

#### Cureus

#### **Conclusions**

Retroperitoneal cavernous hemangiomas are a rare type of retroperitoneal tumor. A primary retroperitoneal cavernous hemangioma is presented in this case report. The tumor was abutting the colon and kidney, but it was not connected to any specific feeding artery, so it was diagnosed as a primary retroperitoneal cavernous hemangioma. While a retroperitoneal cavernous hemangioma is a benign lesion, it is difficult to diagnose preoperatively clinically, and more often than not, sarcoma is diagnosed. Accordingly, surgical resection is a curative treatment.

## **Additional Information**

#### **Disclosures**

**Human subjects:** Consent was obtained or waived by all participants in this study. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work. **Financial relationships:** All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. **Other relationships:** All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

#### References

- Debaibi M, Sghair A, Sahnoun M, et al.: Primary retroperitoneal cavernous hemangioma: an exceptional disease in adulthood. Clin Case Rep. 2022, 10:e05850. 10.1002/ccr3.5850
- Weidenfeld J, Zakai BB, Faermann R, Barshack I, Aviel-Ronen S: Hemangioma of pancreas: a rare tumor of adulthood. Isr Med Assoc J. 2011, 13:512-4.
- Toklu A, Mesa H, Collins K: Incidental adrenal hemangioma clinically suspicious for malignancy: diagnostic considerations and review of the literature. Int J Clin Exp Pathol. 2022, 15:444-58.
- Neville A, Herts BR: CT characteristics of primary retroperitoneal neoplasms. Crit Rev Comput Tomogr. 2004. 45:247-70. 10.3109/10408370490506616
- Igarashi J, Hanazaki K: Retroperitoneal venous hemangioma. Am J Gastroenterol. 1998, 93:2292-3.
  10.1111/i.1572-0241.1998.00642.x
- Zielinski J, Haponiuk I, Jaworski R, Peksa R, Irga-Jaworska N, Jaskiewicz J: Retroperitoneal tumor: giant cavernous hemangioma - case presentation and literature review. Kardiochir Torakochirurgia Pol. 2016, 13:375-9. 10.5114/kitp.2016.64889
- 7. Jahn H, Nissen HM: Haemangioma of the urinary tract: review of the literature . Br J Urol. 1991, 68:113-7. 10.1111/j.1464-410x.1991.tb15276.x
- Zhao X, Zhang J, Zhong Z, Koh CJ, Xie HW, Hardy BE: Large renal cavernous hemangioma with renal vein thrombosis: case report and review of literature. Urology. 2009, 73:443.e1-3. 10.1016/j.urology.2008.02.049
- Ma H, Tang H, Chen Q, Zheng W, Tan X: A cavernous hemangioma of infundibulopelvic vessels presenting as an adnexal tumor: A rare case report and literature review. Medicine (Baltimore). 2022, 101:e30113. 10.1097/MD.000000000000113
- Lianyuan T, Yafeng W, Haibo Y, Yadong D, Jiahao M, Yuanxiang L, Deyu L: Adult pancreatic cavernous hemangioma: case presentation of a benign tumor with a complex composition. BMC Gastroenterol. 2019, 19:197. 10.1186/s12876-019-1119-5
- 11. Hou XF, Zhao ZX, Liu LX, Zhang H: Retroperitoneal cavernous hemangioma misdiagnosed as lymphatic cyst: a case report and review of the literature. World J Clin Cases. 2023, 11:3560-70. 10.12998/wjcc.v11.i15.3560