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Hospital and Emergency Room Experiences of Marginalized Populations in a Mid-size Atlantic Canadian City

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Abstract

This study is based on 12 semi-structured interviews with clients attending community-based clinics

focusing on at-risk populations, who often have very complex health needs. The interviews focused

on the clients' experiences when seeking care in emergency room and hospital settings. Thematic

analysis of the interview transcriptions was conducted on the interview data. Research team members initially conducted individual coding, and later met to discuss the codes and group the

codes into themes through consensus. We found the majority of participants avoid the use of ERs

and hospital settings for care until absolutely necessary. This is despite over half of them not having

a primary caregiver and thus few options for any health care access. This avoidance was discussed

in the interviews as related to poor treatment upon disclosure of histories of drug use and diagnoses

such as Hepatitis C and HIV/AIDS. The majority of participants felt their health concerns were dismissed or trivialized by service providers once they disclosed. Participants described seeking to

be treated "like a regular patient," not labelled by their illnesses, or generalizations. The lack of sensitivity by service providers in these settings as to possible addiction issues was identified by participants as problematic, leading many to consider whether to disclose their histories. Failure to

disclose their health histories to service providers led to several participants having to selfmanage

addiction issues by refusing prescriptions. Overall, this research confirms there is much work to be

done creating inclusive and safe ER and hospital settings.

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