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# Experience of sexual harrasment among nursing students in clinical settings in private nursing colleges in Kathmandu Valley

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#### **Abstract**

ABSTRACT

#### Background

Over the last decade, the pervasiveness and the cost of sexual harassment, a manifestation of sex-based discrimination, has become a growing concern at the national and international level. This study aims to assess the experience of sexual harassment among nursing students in the clinical settings.

#### Methods

A cross -sectional research design was carried out in 2017 in three private nursing colleges, Kathmandu. Census method was used to recruit 232 respondents. A structured questionnaire was used for data collection. Data was objectively analyzed in SPSS full version 21.

#### Results

Nursing students experiencing sexual harassment were 28.9%. Respondents were found to be sexually harassed mostly by patient party/visitor 50%. Mostly harassment occurs at night shift (Between 7pm- 8am) 53.7% and in ward 88%. Regarding effects of Sexual Harassment, approx. 72.9% of the nursing students had repeated disturbing memories and thoughts about a sexual harassment incident. Among total participant only 15% herd about hotline number of workplace violence and 42.6% know about act in workplace. Majority of nursing students did not report sexual harassment because of 49.7% were afraid of negative consequences. Sexual harassment was significantly associated with age, education, and age group of patient 0.021, .007, .005 respectively.

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#### Conclusion

Sexual harassment of any type ranging from staring to verbal abuses is major issue. Hence

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raising awareness of the growing and invisible issue of sexual harassment towards nurses at workplace is most to maintain good working environment.

Keywords: Sexual Harassment, Nursing Students, Private Colleges