

Isolated Lumbar Spinal Nerve Root Myxopapillary Ependymoma

Sheri Palejwala¹, Vernard Fennell², Rein Anton³

1. Neurosurgery, University of Arizona 2. Neurosurgery, University of Arizona 3. Neurosurgery, University of Arizona

✉ **Corresponding author:** Sheri Palejwala, spalejwala@gmail.com

Disclosures can be found in Additional Information at the end of the article

Abstract

Myxopapillary ependymomas comprise nearly 90% of all primary neoplasms involving the cauda equina, conus medullaris, and filum terminale. Myxopapillary ependymomas that are confined to nerve roots are exceedingly rare. We describe a young patient who presented with low back pain and radiculopathy and an intradural lesion at the L2 vertebral level. Ultimately, an intradural extramedullary tumor on the left L4 nerve root was completely resected. Pathology revealed a well-differentiated WHO Grade 1 myxopapillary ependymoma with well-defined perivascular pseudorosettes. Postoperatively, the patient had complete resolution of her symptoms and no radiographic evidence of residual or recurrent disease. Although rare, it is important to keep ependymomas in the differential for lumbosacral nerve root tumors. Surgical resection offers the patient both a definitive diagnosis and potential symptom reduction. It is also important for the surgeon to be aware that these ependymomas can be both multifocal and malignant. We present the third case ever of an ependymoma confined to a spinal nerve root.

Categories: Neurosurgery, Oncology, Orthopedics

Keywords: myxopapillary, nerve root tumor, lumbar radiculopathy, low back pain, ependymoma, spine tumor, glioma

Introduction

Ependymomas are the most common gliomas of the distal spinal cord, comprising nearly 90% of primary neoplasms involving the cauda equina [1]. The majority of these (83%) are of the myxopapillary subtype and occur at the conus medullaris, cauda equina, and filum terminale [2-3]. They are believed to originate from the glia of the filum terminale and can grow to involve the nerve roots of the cauda equina. Isolated nerve root myxopapillary ependymomas without concomitant or contiguous lesions involving the filum terminale are exceedingly rare. This is the third reported case of an isolated spinal nerve root ependymoma and the second case of myxopapillary ependymoma arising from a nerve root without continuity with the filum terminale [1-2].

Case Presentation

This was a retrospective chart review and did not require an IRB approval. An informed patient consent was obtained for treatment.

A 32-year-old female, with a past medical history of myoclonic epilepsy and total abdominal hysterectomy with salpingo-oophorectomy for endometriosis, presented with one month of severe mechanical low back pain associated with occasional bilateral lower extremity radiculopathy. Magnetic resonance imaging of the lumbar spine was performed as a part of the work-up, and revealed an intradural extramedullary lesion at the level of the L2 vertebral body

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(Figure 1).

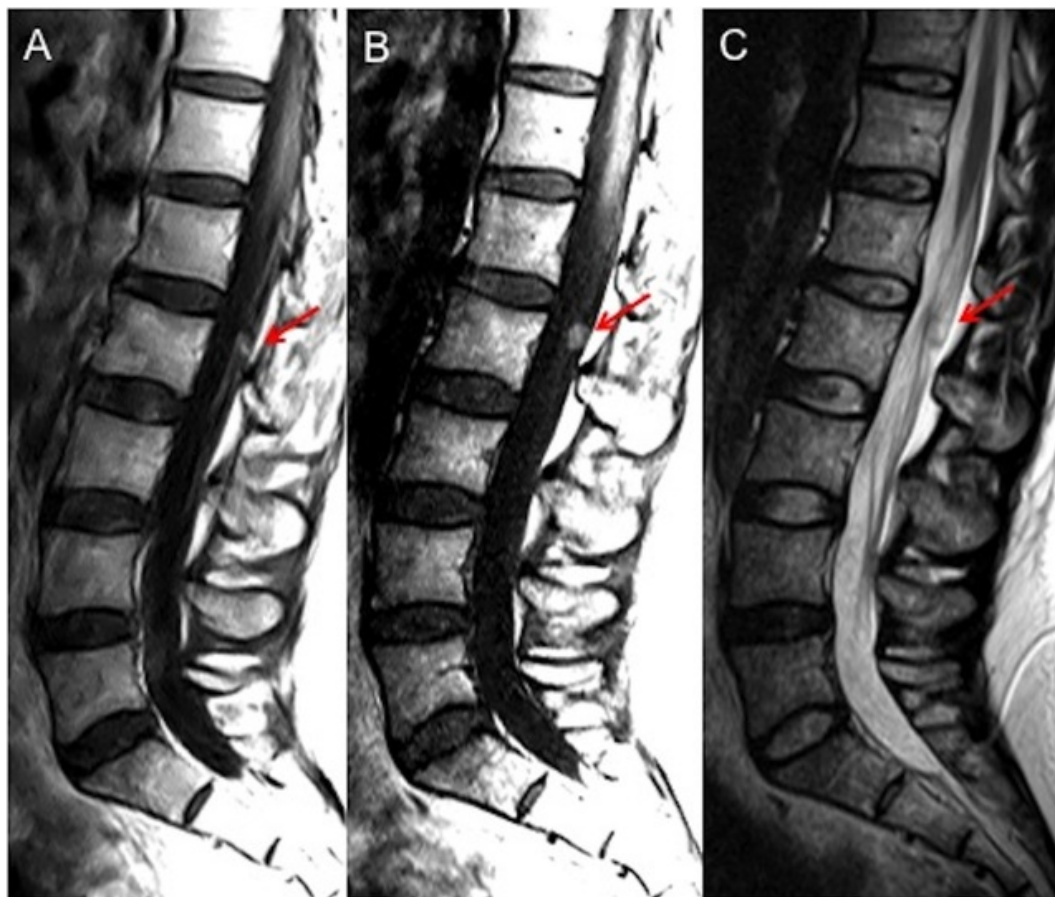


FIGURE 1:

Sagittal T1-weighted MRI (a) without and (b) with contrast demonstrating a contrast-enhancing well-circumscribed lesion at the level of the L2 vertebral body. (c) Sagittal T2-weighted MRI without contrast again demonstrating the lesion.

The remainder of the neuraxis was subsequently imaged with MRIs and found to be unremarkable, as was a metastatic tumor survey. On exam, the patient was neurologically intact without evidence of weakness or sensory deficits. Initially, serial imaging with periodic MRIs was proposed, but the patient was apprehensive about the possibility of malignancy; the decision was then made to take the patient to the operating room for biopsy, debulking, and resection of the intradural mass.

Laminectomies at the L2 and L3 levels were performed, the dura opened, and an intradural grey-blue-appearing spherical lesion was encountered on the underside of a nerve root. Intraoperative neurostimulation of the nerve root indicated it was the left L4 motor root with tibialis anterior function. The tumor was soft and easily aspirated with gentle suction, and was subsequently resected in its entirety without sacrifice of the nerve root. The decision to avoid neurectomy was made primarily because the patient had no pre-surgical motor weakness, and intraoperative stimulation indicated tibialis anterior function was present in the nerve root.

Pathology later revealed a well-differentiated WHO Grade 1 myxopapillary ependymoma with well-defined perivascular pseudorosettes (Figure 2).

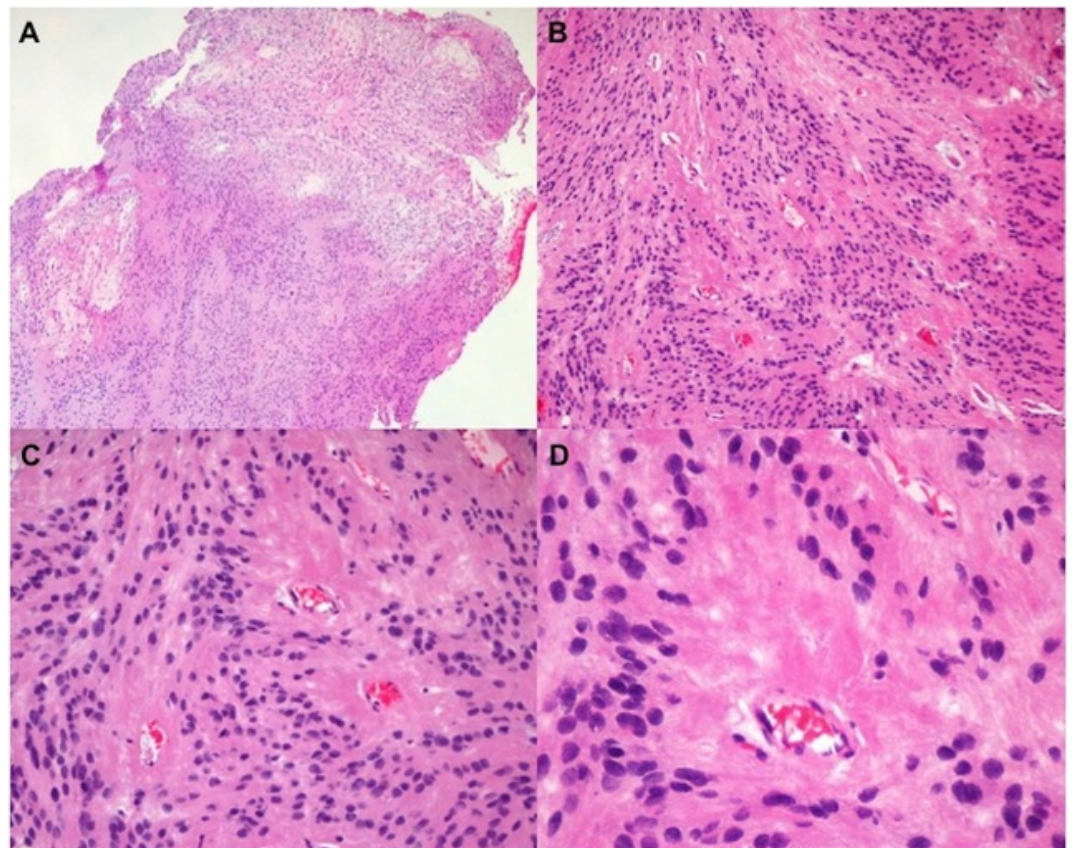


FIGURE 2:

Well-differentiated WHO Grade 1 myxopapillary ependymoma with well-defined perivascular pseudorosettes

Postoperatively, the patient remained neurologically stable, and her back pain and paresthesias have since resolved. A six-month follow-up MRI was performed that confirmed gross total resection without evidence of residual or recurrence.

Discussion

Ependymomas are thought to originate from rests of ectopic ependymal cells [4]. Some believe these ependymal cells were excluded from the neural tube during closure [5].

Ependymomas represent over 90% of primary intradural tumors in the conus medullaris, cauda equina, and filum terminale. The majority of these are of the myxopapillary subtype [1-2, 6-7]. However, the overall incidence of primary intradural extramedullary ependymomas is quite low with less than 20 cases reported in the literature [1-2, 8-13]. Some of these were multifocal, while others were myxopapillary ependymomas.

Most lumbar nerve root tumors are meningiomas or schwannomas, though cases of nerve root metastatic adenocarcinoma, melanoma, lymphoma, and sarcoma have been reported [14-16]. This is the third published case of an intradural extramedullary ependymoma isolated to a nerve root without attachment to the conus medullaris or filum terminale.

Twenty-four cases of intradural extramedullary ependymomas have been reported to date. Two of these occurred exclusively in a lumbar nerve root: one was a WHO Grade 1 myxopapillary ependymoma and the other, a WHO Grade 2 ependymoma.

It is critical to keep in mind that, although rare, ependymomas can undergo malignant

transformation or even have multifocal origins. This elucidates the role of biopsy for histologic diagnosis and even resection for potential cure as well as the importance of serial follow-up, especially if postoperative radiation treatment is omitted.

Conclusions

Although rare, it is important to keep ependymomas in the differential for lumbosacral nerve root tumors, especially because such a high proportion of primary intradural tumors in this location are ependymal in origin. It is also essential for the clinician to bear in mind that conus, filum, and cauda ependymomas can be both multifocal and malignant.

Additional Information

Disclosures

Human subjects: This was a retrospective chart review and did not require an IRB approval.

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Photo credit: Bob Riccioti, MD, Department of Pathology, University of Arizona

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